



# WEEKLY MENU

|                | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|----------------|---|---|--|--|---|
| <b>WEEK 1</b>  | Macaroni Cheese 1.7 v<br>Shepherdess Pie 3 v g                              | Sweet & Sour Chicken 12<br>Cheese & Tomato Stack Wrap 1.7 v | Roast Pork & Gravy<br>Sweet Potato Pinwheel 1 v g  | Cottage Pie<br>Tomato Pasta Bake 1.7 v                                   | Fish Fingers 1.8<br>Baked Bean Burger in a Bun 1.5 v g                    |
| 18TH APRIL     | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9 | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                       | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                        |
| 16TH MAY       | Seasonal Vegetables   | Rice, Broccoli<br>Diced Swede                               | Rustic Roast Potatoes<br>Carrots, Cabbage          | Sweetcorn<br>Cauliflower   | Chips, Baked Beans  |
| 20TH JUNE      | Chocolate Mousse 7  | Apple Sponge 1.9 & Custard 7                                | Lemon Cheesecake 1.7,9,15                          | Banana Bar 1.15  | Peas, Coleslaw 9  |
| 18TH JULY      | Mr Nourish Biscuit 1  | Mr Nourish Biscuit 1  | Mr Nourish Biscuit 1                               | Mr Nourish Biscuit 1   | Fruit Pots  |
| 19TH SEPTEMBER | Fruit Pots  | Fruit Pots  | Fruit Pots, Yoghurt 7                              | Fruit Pots, Yoghurt 7  | Fruit Jelly   |
| 17TH OCTOBER   |   |   |  |  | Yoghurt 7   |
| <b>WEEK 2</b>  | Margherita Pizza 1,3,7,9 v<br>Vegetable Sausage<br>with Tomato Sauce 12 v g | Barbeque Pork<br>Tomato Bows 1 v g                          | Roast Turkey & Gravy<br>Caribbean Pastie 1 v g     | Spaghetti Bolognese 1<br>Vegan Spaghetti<br>Bolognese 1.3 v g            | Fish Fingers 1.8<br>Cheese & Tomato Swirl 1.7 v                           |
| 25TH APRIL     | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9 | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                       | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                        |
| 23RD MAY       | Warm Pasta Salad 1  | Rice, Cauliflower<br>Peas                                   | Rustic Roast Potatoes<br>Broccoli, Carrots         | Seasonal Vegetables  | Chips, Baked Beans  |
| 27TH JUNE      | Sweetcorn, Peppers  | Peach Crumble 1 & Custard 7                                 | Crispy Cake 7.16                                   | Caramel Cookie 1.7   | Peas, Carrot Sticks   |
| 29TH AUGUST    | Ice Cream 7   | Mr Nourish Biscuit 1  | Mr Nourish Biscuit 1                               | Fruit Pots   | Fruit Pots  |
| 26TH SEPTEMBER | Mr Nourish Biscuit 1  | Fruit Pots  | Fruit Pots, Yoghurt 7                              | Yoghurt 7  | Fruit Jelly   |
| 24TH OCTOBER   |   |   |  |  | Yoghurt 7   |
| <b>WEEK 3</b>  | Shepherdess Pie 3 v g<br>Macaroni Cheese 1.7 v                              | Chicken Pie 1<br>Cheesy Fusilli 1.7 v                       | Roast Gammon & Gravy<br>Cheese & Onion Pasty 1.7 v | Sweet Chicken Curry<br>Tomato & Herb Twists 1 v g                        | Fish Fingers 1.8<br>or Salmon Fish Cake 1.7,8<br>Vegetable Sausage 12 v g |
| 2ND MAY        | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9 | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                       | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                        |
| 6TH JUNE       | Sweetcorn   | New Potatoes  | Rustic Roast Potatoes                              | Rice, Sliced Carrots   | Chips, Baked Beans  |
| 4TH JULY       | Peppers   | Seasonal Vegetables   | Broccoli, Cauliflower                              | Green Beans  | Peas, Cucumber Sticks   |
| 5TH SEPTEMBER  | Mandarins & Chocolate Whip 7  | Sunny Cake 1.9 & Custard 7                                  | Fruit Jelly  | Chocolate Brownie 1.9  | Fruit Pots  |
| 3RD OCTOBER    | Mr Nourish Biscuit 1  | Mr Nourish Biscuit 1  | Mr Nourish Biscuit 1                               | Mr Nourish Biscuit 1   | Fruit Jelly   |
|                | Fruit Pots  | Fruit Pots  | Fruit Pots, Yoghurt 7                              | Fruit Pots, Yoghurt 7  | Yoghurt 7   |
| <b>WEEK 4</b>  | Margherita Pizza 1,3,7,9 v<br>Chick Pea Jambalaya v g                       | Sausages with Gravy 1.6<br>Vegetable Sausage 12 v g         | Roast Chicken & Gravy<br>Meatfree Meatballs 3 v g  | Meatballs in Tomato Sauce<br>& Pasta 1<br>Cheese & Broccoli Twists 1.7 v | Burger in a Bun 1.5<br>Vegetable Burger in a Bun 1.5 v g                  |
| 9TH MAY        | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9          | Jacket Potatoes with a<br>Choice of Toppings 7.8,9 | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                       | Jacket Potatoes with a<br>Choice of Toppings 7.8,9                        |
| 13TH JUNE      | Sweetcorn, Sliced Carrots   | Mashed Potato, Cabbage<br>Baked Beans                       | Rustic Roast Potatoes                              | Peas   | Chips, Baked Beans  |
| 11TH JULY      | New Potatoes  | Chocolate Sponge 1.9<br>& Chocolate Sauce 7                 | Seasonal Vegetables                                | Sweetcorn  | Peas, Coleslaw 9  |
| 12TH SEPTEMBER | Ice Cream 7   | Mr Nourish Biscuit 1  | Lemon Drizzle Cake 1.9                             | Fruity Flapjack 1.15   | Fruit Pots  |
| 10TH OCTOBER   | Mr Nourish Biscuit 1  | Fruit Pots  | Mr Nourish Biscuit 1                               | Mr Nourish Biscuit 1   | Fruit Jelly   |
|                | Fruit Pots  |   | Fruit Pots, Yoghurt 7                              | Fruit Pots, Yoghurt 7  | Yoghurt 7   |

Dishes marked with any of the following numbers contain the matching allergen:

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish  
9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Key:  
Vg Vegan  
V Vegetarian

Available Daily: Selection of Salads 9, Homemade Bread 1,3,7,9.

Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

